

A SELECTION OF TITLES FROM JAPAN

2026

Vicki Satlow Literary Agency

vicki@vickisatlow.com +39 02.48015553

Via Cenisio 16 - 20154 Milano (Italy)



A SELECTION OF TITLES FROM JAPAN

2026

Vicki Satlow Literary Agency

Follow us

Vicki Satlow Literary Agency

© @vickisatlow

Vicki Satlow Literary Agency

vicki@vickisatlow.com +39 02.48015553

Via Cenisio 16 - 20154 Milano (Italy)

HIDEHIRO INAGAKI

PLANTS THAT SHAPED WORLD HISTORY

Civilization was born from a single grain of wheat, the opium war began with "tea", and the great power of the United States was made by potatoes. Read world history from a new perspective of plants.



NON FICTION

Publisher: PHP Research

Institute

Publication: 2018 Pages: 224 Would you believe that plants completely transformed humanity's 10,000-year history?

During the era when humans depended on hunting and gathering, a mutated wheat seed was discovered by chance. That single grain enabled agriculture, allowing humanity to survive and thrive. It created wealth, power, inequality, and class divisions. It gave birth to civilization and led to the formation and development of nations.

Reading this book will reveal a new perspective and brilliant insights into human history—how seemingly immobile plants passionately stirred and propelled human desires, shaping our world.

As you read this book, you will gain new perspectives and excellent insights into human history, created by plants that are ostensibly motionless, nevertheless they passionately stimulate and drive human desires.

READERS' REVIEWS

"It was so interesting that I read it all at once. I think it's one of the books that will change your life".

"Reading world history through the lens of plants is far more thrilling than expected".

"To be honest, when I first heard the phrase "plants changed world history," it made me laugh. "Seriously, how could plants change history?" That was my reaction. But after reading this book my mind has been completely blown".

TABLE OF CONTENTS

Chapter 1 Wheat: Civilization was born from a single seed

Chapter 2 Rice: Rice culture created "Japan"

Chapter 3 Pepper: The black gold that Europe envied

Chapter 4 Capsicum: Columbus' agony and the enthusiasm of Asia

Chapter 5 Potatoes: The Devil's Plant That Created the Great Power of America

Chapter 6 Tomatoes: The Too Red Fruit That Changed the World's Food

Chapter 7 Cotton: "Plants That Grew Sheep" and the Industrial Revolution

Chapter 8 Cha, The Opium Wars and the Magic of Caffeine **Chapter 9** Sugarcane The sweet tastethat misled mankind

Chapter 10 Soybeans: From military food in the Sengoku period to the New World **Chapter 11** Onions: The medicinal properties that supported the giant pyramid

Chapter 12 Tulips: The world's first bubble economy and bulbs

Chapter 13 Corn: A Marvelous Crop

Chapter 14 Sakura - Yamazakura and the Japan Spirit

Hidehiro Inagaki is a doctor of agriculture and botanist who is recognized as the most prestigious in Japan. He is engaged in agricultural ecology and conveys the greatness and charm of plants to the public through his writings and lectures. Born in Shizuoka Prefecture in 1968, he received his doctorate in agriculture from the Graduate School of Agriculture at Okayama University.

After working at the Ministry of Agriculture, Forestry and Fisheries, he is training future students as a professor at the Faculty of Agriculture at Shizuoka University.

SHINYA HAYASAKA

BATHING: THE WORLD'S EASIEST HEALTH HABIT

What if the most effective health habit wasn't a supplement, a gadget, or a gym membership—but your bathtub?



NON FICTION

Publisher: Ascom Publication: October 2025 Pages: 208 In *Bathing: The World's Easiest Health Habit*, Japan's leading hot-spring medical specialist, Dr. Shinya Hayasaka, distills thirty years of research and data from more than 70,000 bathers into a practical, scientifically grounded method for using daily bathing to improve longevity, mood, immunity, circulation, sleep, and overall quality of life.

This book reveals that while most people shower for convenience, showers barely warm the core body and therefore fail to activate the physiological systems responsible for recovery and resilience.

Hayasaka demonstrates—clearly, accessibly, and with strong clinical evidence—that a simple bath at the right temperature and timing can outperform exercise, massage, and many popular wellness trends in regulating blood vessels, easing the

autonomic nervous system, and increasing "healthy lifespan."

Simple, inexpensive, and instantly applicable, *Bathing: The World's Easiest Health Habit* reframes the bath as a powerful, daily tool for health and longevity. It is the kind of wellness book that changes behavior overnight—and allows for health and longevity.

Ideal for readers of **Dr. Andrew Huberman**, **James Nestor's Breath**, **Dr. Susanna Søberg's cold-/heat-exposure work**, and lifestyle-science bestsellers that blend physiology with actionable guidance.

WHAT THE BOOK OFFERS

Organized into five engaging chapters, the book guides readers from the basics of thermal physiology to customized routines that fit any lifestyle:

The science of bathing: why regular bathers consistently report longer healthy lifespans, higher happiness levels, and better physical resilience.

The "Ultimate Bathing Method": the doctor-optimized formula—"XX°C for XX minutes"—proven to raise core body temperature by 1°C, enhance metabolism, and stabilize stress responses.

Season- and symptom-specific techniques: tailored bathing plans for low/high blood pressure, headaches, colds, hay fever, fatigue, skin health, and concentration.

Safety first: an indispensable chapter on preventing heat shock, bathroom falls, and accidental drowning—problems that claim more lives annually than traffic accidents in Japan.

Hot springs & public baths: how to bathe safely outside the home, how often to soak, how to choose the right waters, and what common customs are myth vs. medically valid.

Above all, Hayasaka reassures readers that effective self-care doesn't require spending money—just adjusting the way you use the bath you already have.

Shinya Hayasaka specialist in Hot Spring Therapy, Doctor of Medicine, Professor at Tokyo City University. Born in 1968 in Miyagi Prefecture. After graduating from Jichi Medical University School of Medicine in 1993, he engaged in community healthcare. Following completion of the Graduate School of Medicine at Jichi Medical University in 2002, he served as Associate Professor at Hamamatsu University School of Medicine and Professor at the Faculty of Sports and Health Sciences, Daito Bunka University, before assuming his current position. A "bathing specialist" who has medically investigated the bathing habits of over 70,000 people.

His publications include *Making Your Home Time Comfortable: Bathing as the Ultimate Fatigue Recovery Technique* (Yama-kei Publishers) and *The Doctor's Guide to Hot Springs: You Can Do 'Hot Spring Therapy' Even on a Day Trip! 18 Secrets to Fatigue Recovery* (Asahi Shimbun Publications). He also frequently appears on television and other media.

JOE HISAISHA & TAKESHI YORO

THE LISTENING BRAIN

A dialogue between one of Japan's leading philosophers and one of the world's most talented composers.



NON FICTION

Pages: 248

Publisher: Jitsugyo no Nihon Sha, Ltd. Publication: February 2025 The Listening Brain stands at the crossroads of neuroscience and Eastern aesthetics—a rare dialogue in which anatomist Takeshi Yoro and composer Joe Hisaishi explore the human mind as an instrument of feeling. In the tradition of Oliver Sacks' lyrical case studies and Iain McGilchrist's explorations of hemispheric thinking, the book blends scientific insight with philosophical reflection to show how deeply our emotional and creative lives are wired into the auditory brain.

Drawing on Japanese sensibilities of silence, impermanence, and breath, Yoro and Hisaishi illuminate a perspective often missing in Western neuroscience: that perception is not merely cognitive, but existential. The ear—our oldest sense—anchors empathy, rhythm, connection, and the subtle currents of meaning that flow beneath words.

In an age dominated by visual overload and analytic thinking, the authors argue for a different stance toward life itself: one shaped by sensibility over efficiency, resonance over reason. To live, they suggest, is not to complete tasks but to compose one's days as a work of art.

The result is a luminous synthesis of biology and culture—a book that listens deeply to what makes us human.

This book explores fundamental questions such as "Why are people moved by music?" and "How does the synchronization of sound and image occur?" from the perspectives of neuroscience, embodied cognition, music theory, and creativity studies.

Through this book, readers experience more than simply "listening to sound"—they are invited into a new intellectual horizon where hearing activates the body, brain, and emotions.

READERS' REVIEWS:

- "A feast of knowledge that lets readers feel as though they are attending the conversation themselves."
- "Music, science, philosophy, society—even insects! The range of discussion is astounding."
- "A dialogue that clarifies, through vivid examples, how emotion arises from sound."
- "Readable yet profound—full of insights for creators and educators alike."
- "Both speakers are wonderfully articulate; the critique of consciousness-centered thinking was particularly striking."
- "Charming, cultured, and approachable."
- "Fascinating idea that language may arise from the union of sight and sound."
- "The explanation that hearing connects to the ancient brain and thus evokes deep emotion was deeply convincing."

TABLE OF CONTENTS:

Chapter 1: "Why Are People Moved by Music?", the authors discuss how hearing is interconnected with the brain, body, and emotion—drawing from Yoro's anatomical insights and Hisaishi's practical experience in music.

Chapter 2: "The Soil of Sensibility" explores the cultural and bodily background that nurtures sensitivity, while

Chapter 3: "What Makes Good Music?" considers what allows music to endure and how composers transcend themselves through creation.

Chapter 4: "Consciousness Runs Wild," they examine creative acts that oscillate between consciousness, the unconscious, the body, and technology.

Chapter 5: "Empathy and Creation" delves into the role of empathy in listening, performing, and composing.

Chapter 6: "All Humans Are Artists" presents the idea of perceiving everyday life through an artistic

Takeshi Yoro was born in 1937 in Kamakura, graduating from Tokyo University School of Medicine and joining the Research Center of Anatomy. Following his degree in M.D., he taught anatomy at Tokyo University until 1995 and was a professor at Kitazato University until 2003 and later became an Honored Professor at Tokyo University. Yoro is popular for his explanations of societal phenomena and psychological issues from the neuroscientific and anatomic perspective. He is the author and coauthor of over 500 books, his most well-known being *The Wall of Ignorance*.

Joe Hisaishi began his career as a composer of contemporary music and, after graduating from music college, developed an interest in minimal music. In recent years, he has worked internationally as a conductor with orchestras around the world. His album *A Symphonic Celebration*, released by Deutsche Grammophon, ranked No. 1 in two U.S. Billboard categories. in April 2025 he assumed the role of Music Director of the Japan Century Symphony Orchestra.

MICHIO HOSHINO

THE TRAVELLING TREE

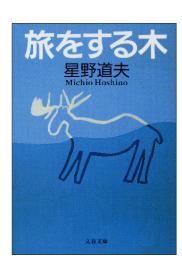
Lessons from a Nomadic Life

This enduringly collection of essays recounts Hoshino's experiences with the wildlife and offers his reflections of our place within it.



NON FICTION

Publisher: Bungeishunju Publication: 1994 Pages: 231



First published in 1994, and reprinted 57 times (with half a million copies sold), *The Travelling Tree* by world renowned photographer Michio Hoshino is a literary classic of nature writing. In this enduringly popular collection, naturalist, mystic and adventurer Michio Hoshino recounts his experiences with the wildlife and reflects on and our place within it.

Michio Hoshino's life was changed after coming across a book containing an aerial photograph of the tiny Inupuiak (Eskimo) village, Shishmaref, in a used bookstore in Tokyo. The teenager was immediately enchanted by this tiny cluster of dwellings on the Arctic Sea. What sort of people lived in such a desolate place, seemingly at the ends of the Earth? The photograph intrigued him so much that he decided to write a letter asking if he could visit the village. Not knowing to whom he should address the letter, he made it out to simply, "Mayor, Shishmaref." To his surprise, he received a response from an Inupiak family willing to host him and spent the next summer, at the age of 19, immersed in their way of life.

After this introduction to Alaska, Hoshino was smitten with America's northernmost state and dedicated the remainder of his life to photographing and writing about it. *The Travelling Tree* is a collection of his writing published at the peak of his artistic prowess, only two years before his career was tragically cut short at the age of 43 by a fatal bear attack while on a shoot in the Kamchatka Peninsula.

The Travelling Tree has gained increasing popularity in the more than 20 years since Hoshino's untimely death. His work has been featured in numerous Japanese television specials and documentaries and an exhibition of his photography has travelled to cities and communities across Japan.

Rights sold
Italy (Rizzoli)
Spain (Cántico)
UK/US (Octopus Books)

EXCERPT

As I write this, my wife Naoko is pregnant. While I am very happy about this development, it also makes me somewhat anxious. She continues to have intermittent spotting and we're worried about the possibility of a miscarriage. After consulting with the local doctor, we have decided for the time being to wait and see how her condition progresses. I've been involved with the immense wilderness of Alaska for all these years, and now for the first time I'm perplexed by a little slice of nature of my own.

About six or seven years ago, I caught my first sighting of a caribou giving birth. This was while I was up north awaiting their spring migration. From our camp, the Arctic Ocean was visible on the edge of the horizon, and although it was the month of May the temperature still felt like minus sixty when the wind blew.

One day around twilight, a small herd of caribou descended from the mountains. There must have been 30 to 40 of them in total. They had journeyed over 600 miles from the woodlands of Canada. All were female and most were probably bearing young. While I had been following the caribou for close to a decade, I had yet to witness a birth.

Since I could only ever stake out one particular spot in the vast Alaskan Artic through which the caribou are constantly on the move, my chances of encountering this momentous event were slim.

But as I watched through binoculars from my tent, one fell behind the rest of the herd, behaving strangely. In a panic, she kept tumbling to her side and getting back up again. I decided she must be about to give birth. She was too far to photograph and I would have scared her if I'd left the tent, so I stayed where I was, squeezing the binoculars in my fists and hoping anxiously. Her companions, not breaking pace, had already vanished into the distance of the tundra.

When the lone caribou stood up suddenly, a small black form flopped out onto the snowy field. Hurriedly I stuffed a camera into my backpack, crawled quietly out of my tent, and made my way on all fours towards them until they were in close view. I believe it was around midnight, but the season of endless day had already arrived and the sun that never sets shone on the white plane. Even bundled up in thick down gear, the burning cold cut through to my skin.

Michio Hoshino (1952-1996) was a photographer and a memoirist, winner of the Anima Award. Born and raised in Ichikawa City, Chiba, his life changed forever by an aerial photograph of the Inupiak (Eskimo) village, Shishmaref, found by chance in a bookstore in Tokyo. He moved to Alaska at the age of 19, and dedicated his life to photographing and writing. He is best known for his extraordinary photos of polar bears in Alaska.

TAKAAKI KAWASHIMA

FREE YOURSELF FROM THE PARENTS YOU HATE

The Japanese Way



捨てたら自由になりました。

Free Yourself from the Parents You Hate: The Japanese Way is a guide that explores how to overcome deep emotional wounds and resentment toward your parents through Japanese philosophical and therapeutic perspectives. Drawing on cultural concepts such as acceptance, self-compassion, and non-confrontational healing, the book helps readers detach from cycles of blame and emotional dependency to reclaim their personal peace.

Philosophical, and reflective, the author mixes case studies, quotes from Buddhist thought, and psychological exercises. The unjudging approach centers on practical emotional liberation.

NON FICTION

Publisher: Subaru-sha Publication: 2022 Pages: 270 Many adults are still struggling with their relationships with their parents. In this book, you will find a way to end the painful relationship with your parents and live your own life!

"Freedom isn't rebellion or distance for its own sake. It's the gentle awareness that your life belongs to you and always has."

TABLES OF CONTENTS:

- **Chapter 1:** You are not the only one who is struggling with "Relationship with Parents
- Chapter 2: The Psychology of Parents Who Continue to Control Their Children
- Chapter 3: Reasons why "boundaries" are necessary for the parent-child relationship
- Chapter 4: Various Consultations for Adults in parent-child Relationships
- Chapter 5: How to distance yourself from your parents and what to keep in mind
- **Chapter 6:** To Live Your Life Positively

Takaaki Kawashima Representative of the Adult Parent-Child Relationship Counseling Center and the Mental Training Office of Takateru Kawashima. Born in Niigata Prefecture in 1974, Kawashima became an independent counselor in 2011 and later established "Adult Parent-Child Relationship Counseling Center".

ICHIRO KISHIMI

Ichiro Kishimi (1956) is a Japanese philosopher and psychologist specializing in Western ancient philosophy and Adlerian psychology. Kishimi has taught at various institutions. He co-authored the bestseller The Courage to Be Disliked with Fumitake Koga, which has sold over one million copies since its publication in 2013.

Since 2017, he has been writing and overseeing special features on Adlerian psychology.



Rights sold

Brazil (Editoria Sexante)
Croatia (Planetopija)
France (Guy Tredaniel)
Germany (Rowohlt Verlage)
Greece (Psichogios Publications)
Italy (De Agostini)
Lithuania (Leidykla Sofoklis)
Poland (Wydawnictwo Filia)
Portugal (Bertrand Editora)
Romania (Grup Media Litera)
Russia (Bombora)
Serbia (Publik Praktikum)
Spain (Planeta Neko)
UK (Ebury)
USA (Harper Via)



NON FICTION

Publisher: Sunmark Publication: 2025 Pages: 336

THE COURAGE TO BE ORDINARY

There is a saying that "there is no cure for stupidity", but is there a "cure for normality"? This book was born out of a response to the concerns of a young man who felt anxious, thinking: "I might be more normal than I thought' and 'It would be difficult to accept that I am not special".

At the root of the anxiety of "having to be special" is always comparison with others. How can we free ourselves from comparison with others, gain confidence and live happily?

This book explores a lifestyle that "doesn't try to be special, but isn't the ordinary either".

Vicki Satlow Literary Agency info@vickisatlow.com

THE COURAGE TO LET GO This book is a philosophical and psychological exploration of human

relationships in contemporary society, particularly in the age of constant

connectivity (e.g., social media, work expectations, familial duties). The

book encourages readers to develop the "courage not to connect" when

such connections are based on coercion, dependency, or societal pressure,

and instead pursue "true connections" built on equality, understanding, and



love.

NON FICTION

Publisher: PHP Publication: 2023 Pages: 256



NON FICTION

Publisher: PHP Publisher Publication: 2020 Pages: 188



NON FICTION

Publisher: PHP Publisher Publication: 2018 Pages: 237

THE COURAGE TO GROW OLD

This book invites readers to rethink aging not as decline but as a natural, meaningful stage of life that can offer peace, freedom, and deep self-understanding. Kishimi argues that modern society overly glorifies youth and productivity, often making people fear aging. In contrast, he shows that growing old is not something to be avoided, but embraced — with courage.

THE COURAGE TO LOVE

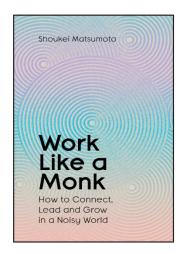
This book is a philosophical and psychological guide to understanding and practicing authentic love in one's life — not as dependency or possession, but as a courageous act of freedom and mutual respect. Kishimi argues that many people struggle to love — or to accept love — because they don't believe they deserve it or fear the vulnerability it requires.

SHOUKEI MATSUMOTO

WORK LIKE A MONK

How to Connect, Lead and Grow in a Noisy World

An engaging exploration of what makes work meaningful, by a popular Buddhist monk and cultural commentator.



NON FICTION

Publisher: Simon & Schuster UK

Pubblication: 2025 Pages: 192 In our hectic days filled with long hours, endless emails, and tedious virtual meetings, it's hard to stay connected to the higher purpose of work – to see past the grind and embrace what we're really trying to achieve.

In this engaging and illuminating book, Japanese Buddhist monk Shoukei Matsumoto offers a fresh take on what it means to find satisfaction at work. Presented in the form of an imagined conversation between a Western businessperson and a temple priest, this far-ranging exploration covers everything from embracing simplicity and communicating with clarity to the importance of daily rituals, insights on avoiding burnout, and even what it means to be a good ancestor. Along the way, you'll discover ancient wisdom and contemporary ideas – all thoughtfully presented in the context of modern daily life.

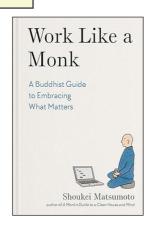
Rights sold

Czech Republic (Grada Publishing)
France (Guy Tredaniel)
Germany (Goldman)
Greece (Patakis)
Italy (Vallardi)
Netherlands (Atlas Contact)
Portugal (Bertrand)
Romania (Editura Humanitas)
Spain (Editorial Planeta)
UK (Gallery)
US (Tarcher)







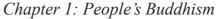


Vicki Satlow Literary Agency info@vickisatlow.com

Table of Contents

Introduction

Overview of "People's Buddhism" and its emphasis on mindful listening. How Buddhist teachings resonate in everyday life and work.



Life Noise: Navigating external distractions and inner chatter. What is Happiness at Work: Redefining success in professional life.

Listening First: Lessons from Buddhist teachings on genuine communication. Mindful Listening: The practice of listening with the heart and presence.

Ambient Buddhism: Observing connections in everyday environments.

The Finger Pointing at the Moon: Understanding teachings beyond literal meaning.

Chapter 2: Temple Morning

Aisatsu, "Hello!": The depth of greetings as moments of connection.

True Person: Recognizing the essence of individuals beyond roles and labels.

Itadakimasu: Expressing gratitude through daily rituals like meals.

Buddha's Songs: Chanting as a practice for inner harmony.

How Can We Become Good Ancestors? Reflections on legacy and interconnectedness.

Walking and Pilgrimage: Spiritual significance of walking and slowing down. Cleaning as Mindfulness: The transformative power of mindful cleaning.

Chapter 3: People's Buddhism at Work

No Job in Life is a Bullshit Job: Finding meaning in all forms of work.

What Matters is Returning, Not Just Maintaining: The importance of renewal over perfection.

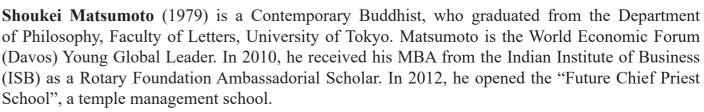
We Are Interbeing: Exploring the interconnectedness of individuals and teams.

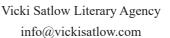
Fellowness as a Moral Dimension: Expanding our sense of community and responsibility.

Cleaning Connects People and Places: The role of shared spaces in fostering teamwork.

A Way to Solve Problems Without Solving Them: Embracing koans and unlearning.

Four Stages of Life: Balancing ambition with letting go.





NOBUKO NAKANO

THE SCIENCE OF LUCKY PEOPLE

A Neuroscientist's Guide to Attracting Luck, Cultivating Success and Leading a Happier Life

230,000 copies sold



NON FICTION

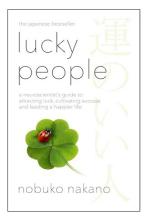
Publisher: Sunmark Publication: 2023 Pages: 207 Lucky and unlucky people often encounter similar situations and setbacks in life. But the way they view and think about the circumstances differs, as does the way they deal with them. So, what are the common lifestyle patterns, mindsets, and outlooks of lucky people?

Nobuko Nakano is a neuroscientist who argues that luck isn't random but can be cultivated through intentional actions. We can become lucky through our mindset and behaviour. Certain behaviours attract luck, such as taking calculated risks, expanding social networks and reframing setbacks.

Our thoughts and actions shape how our brain processes information and affects how we interact with the world. If we believe in good outcomes, we are more likely to act in ways that will make them happen.

This is science-based self-help and an expert take on a fascinating subject that can at first seem irrational and unpredictable.





Rights sold

Brazil (Globo Livros)
France (Guy Tredaniel)
Italy (Newton Compton)
Kuwait (Dar Alkhan)
Portugal (Leya)
Romania (Editura Humanitas)
Russia (Eksmo)
Spain (Penguin Random House Grupo Editorial)
UK/US (Gallery)

Nobuko Nakano's method for being lucky involves:

- 1. Cultivating a lucky mindset (optimism, openness, growth mindset).
- 2. Engaging in behaviors that increase exposure to opportunities (taking risks, building social networks, adaptability).
- 3. Practicing gratitude to foster a positive outlook.
- 4. Using visualization to align the brain with successful outcomes.
- 5. Practicing mindfulness to stay present and aware of opportunities.
- 6. Taking consistent action to create opportunities.
- 7. Rewiring negative thought patterns that block luck.
- 8. Staying resilient and persistent in the face of challenges.

By combining these elements, Nakano's method turns luck from something random into something largely under personal control, rooted in a scientific understanding of how mindset and behavior influence outcomes.

Lucky people are those who make the most of their current selves.

When people wish to become lucky, they often end up trying to change themselves. For instance, those who consider economically prosperous individuals to be lucky may work hard to change themselves into someone who can become financially successful. Similarly, those who think lucky people are healthy and live long lives may try to change themselves into healthier versions.

It's easy to fall into the trap of making efforts to become the kind of lucky person one envisions by studying or changing one's environment to alter one's current self. However, this approach might be a bit off the mark. The effort to change oneself to become a lucky person, while it might seem as though it's heading in the right direction, is in fact taking an enormous detour. In fact, it might be leading them further away from being lucky.

Lucky people, rather than striving to change themselves, start by fully embracing their current selves and making the most of who they are at this moment.

Lucky people, rather than striving to change themselves into something different, focus on making the most of who they are right now. They don't see their current selves as something that needs to be fixed or altered to attain luck. Instead, they work with what they have and find ways to optimize their current circumstances.

Nobuko Nakano is well known throughout the neuroscience field. She also regularly comments on political affairs and is an avid art lover.

MICHIHITO SUGAWARA

DELETE THAT PERSON FROM YOUR BRAIN

Seven Easy Steps to Train Your Mind for True Freedom

A book for any person who has ever disliked any person!



NON FICTION

Publisher: Sunmark Publication: 2025 Pages: 192 Why is it so hard to stop thinking about difficult people?

The answer lies deep within our brain's survival instinct. When someone triggers anxiety, anger, or fear, our mind automatically marks them as a "threat"—making it nearly impossible to simply ignore them.

This book offers a revolutionary solution: don't fight your brain's wiring—retrain it.

Rather than asking who "deserves" space in your mind, this practical guide teaches you how to erase the mental presence of problematic people and reclaim your attention. Through simple techniques and real-life examples, readers learn to shift their brain's focus away from negative emotions and toward what truly matters: personal growth, creativity, and happiness.

The result is a lasting transformation—not just a temporary relief.

When the mind is no longer occupied by "that person," it finally has space to grow stronger, freer, and more fulfilled.

Delete That Person from Your Mind is a refreshing, empowering book for anyone who wants to move beyond resentment and anxiety towards true mental freedom.

Rights sold

Brazil (Companhia das letras)
France (Albin Michel)
Germany (Rowohlt Verlage)
Greece (Patakis Publisher)
Italy (Giunti Editore)
Netherland (Harper Collins Holland)
Portugal (Presenca SA)
Russia (Mann, Ivanov and Ferber)
Saudi Arabia (Arab Scientific Publisher)
Spain (Grijalbo)
UK (Ebury)

EXCERPT

There is a kind of person who takes up space in your head—and refuses to leave. Even when they're not physically around, they are living rent-free in your mind, 24/7.

RATHER THAN TRYING NOT TO CARE, DELETE FROM THE BRAIN

The answer lies in a change of mindset. Instead of "not caring," we must "erase it from our brain." This is not just a play on words. From a neuroscientific point of view, there is a big difference between the two.

The "don't care" approach requires constant awareness of the subject. On the other hand, the "delete from your brain" approach is a way to change the response of the amygdala itself.

Seven Techniques to Delete "That Person" from Your Brain

- (1) Film Adaptation Technique
- (2) Writing Technique
- (3) Reframing Technique
- (4) Time Limit Technique
- (5) Here and Now Technique
- (6) Embodiment Technique
- (7) Linguistic Technique

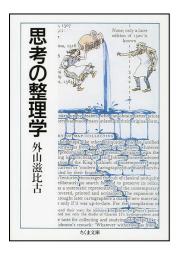
Each of these techniques is an independent method, but they are more effective when combined. For example, use the "Time Limit Technique" to concentrate on thinking, and then use the "Writing Technique" within this constraint. Then, the "verbalization technique" is used to put what you have written down into more concrete words.

Michihito Sugawara is a neurosurgeon born in 1970. After graduating from Kyorin University School of Medicine, he worked at the National Center for Global Health and Medicine, specializing in emergency brain diseases such as subarachnoid hemorrhage and cerebral infarction. He opened Sugawara Neurosurgery Clinic (Hachioji City, Tokyo) in 2015 and Sugawara Clinic Tokyo Brain Doc (Akasaka, Minato-ku) in October 2019. Based on his medical treatment experience, he has established a style of "medical care that considers life goals" and provides medical care that supports even the mind and way of life. His easy-to-understand explanations of how the brain works have been well received, and he has appeared on many TV programs.

SHIGEHIKO TOYAMA

THE ART OF **ORGANIZING THOUGHTS**

132 reprints, over 2.95 million copies sold.



NON FICTION

Publisher: Chikuma Shobo Publication: 2025 Pages: 256

How can we learn to think with our own minds, let ideas lift off effortlessly, and allow our thoughts to soar freely? In front of students at Japan's top university—who had successfully triumphed in the exam-driven world where knowledge and memory reigns—Toyama boldly declared, "The more knowledge you have, the less thinking is done," leaving the audience visibly stunned. This revised edition of his signature book The Art of Organizing Thoughts, an introductory guidebook to nurture deep and meaningful habits of thought, includes the contents of one of the author's last and phenomenal lectures at Tokyo University.

"Accumulating knowledge doesn't strengthen your ability to think—and when it comes to storing and recalling information, we've long been outperformed by technology. [...] However, we can develop something technology can't replicate: the ability to selectively forget. When we bring in new knowledge and actively let go of what's no longer needed, we keep our minds clean and organized. This allows us to adapt new information to our own unique perspectives, and sometimes, ideas we once absorbed resurface on their own, leading to unexpected insights and discoveries. It's not just about forgetting; it's about forgetting selectively."

Rights sold

France (Laffont)

Germany (Bertelsmann)

Hungary (Park)

Israel (Yedioth Books)

Italy (Rizzoli)

Netherland (Alfabet)

Poland (Wydawnictwo Czarna Owca)

Romania (Grup Media Litera)

Spain (Debate)

UK (Penguin Life Style)

Chinese (Simplified), Chinese (Traditional), Korean

UK (Ebury)

THE ART OF **FORGETTING**

The long-awaited sequel to the timeless "bible of knowledge".



NON FICTION

Publisher: Chikuma Shobo Publication: 2024 Pages: 256

From childhood, we are taught that forgetting is a failure: lost test scores, missed appointments, broken promises. Yet what if forgetting is not a weakness but a hidden strength?

In The Art of Forgetting, celebrated Japanese thinker Shigehiko Toyama dismantles the myth of perfect memory and reveals the liberating truth: forgetting is as vital as remembering. Through sharp, witty essays, Toyama explores how memory and forgetting work as partners—how forgetting allows us to think creatively, to recover from trauma, and to live more lightly in a world overwhelmed by information.

Drawing on philosophy, psychology, and everyday observation, Toyama shows that raw knowledge is useless without the distillation that forgetting provides. Just as a carpenter cannot build with unseasoned wood, the mind cannot create without letting some knowledge slip away. With warmth and clarity, he redefines forgetfulness not as a defect but as the soil in which originality, resilience, and even happiness grow.

Already a bestseller in Japan, The Art of Forgetting speaks directly to our era of information overload and constant digital distraction. This is not just a book about memory—it is a guide to living more wisely by embracing the power of letting go.

Shigehiko Toyama (1923-2020) was a Doctor of Literature, critic, and essayist. After serving as editor-in-chief of Eigo Seinen (The Rising Generation), a monthly magazine aimed at researchers and students of English literature, he taught at institutions such as Tokyo University of Education and Ochanomizu University. Beginning with English literature as his primary field, he produced original work across a wide range of areas including textual studies, rhetoric, editorship, thought, and the Japanese language.

HIROSHI UCHIDA

I'M SORRY

The Power of Apology

But why is it so hard for us to simply say I'm sorry?

Whoever said that love means never having to say you are sorry was WRONG!



NON FICTION

Publisher: Subarusya Publication: 2023 Pages: 128 A transformative self-help book that delves into the profound value of the word "sorry" and offers insights into how sincere apologies can positively transform one's life and relationships. Uchida emphasizes that apologizing is a powerful tool for enhancing self-esteem and fostering healthier human connections. The book aims to reshape readers' perceptions of apologies, making it easier to express remorse and build happier relationships.

Hiroshi Uchida's book offers practical insights and techniques to help readers embrace the power of apology, leading to healthier and more fulfilling connections. By redefining the concept of "sorry", readers will learn, with practical methods, to apologize effectively, leading to more fulfilling relationships in various aspects of life, including family, friendships, partnerships, workplaces, and educational settings

The book provides:

- practical techniques to deliver effective apologies, emphasizing the importance of timing, sincerity, and empathy;
- psychological insights: Uchida explores the psychological barriers that prevent individuals from apologizing and offers strategies to overcome them;
- real-life applications through relatable examples and case studies, readers learn how to apply apology techniques in various aspects of life, including family, friendships, and the workplace.

Rights sold
Spain (Newton Compton Editores)

CHAPTER BREAKDOWN:

Chapter 1: Why Is It So Hard to Apologize?

The psychological barriers that prevent people from saying "I'm sorry." How pride, fear of rejection, and societal expectations shape our reluctance to apologize.

The difference between a sincere apology and one made out of obligation.

Chapter 2: The Power of Apologizing

How a genuine apology can rebuild relationships and foster trust.

The emotional and mental benefits of apologizing, including stress relief and personal growth. Examples of famous or everyday apologies that have transformed relationships or situations.

Chapter 3: Techniques for Apologizing

Practical methods for delivering an effective apology.

The importance of timing, tone, and sincerity.

How to handle situations where an apology is rejected or misunderstood.

Differences between verbal, written, and action-based apologies.

Chapter 4: How "I'm Sorry" Can Improve Your Life

How mastering the art of apology leads to stronger personal and professional relationships.

Case studies of people who have changed their lives through sincere apologies.

The link between humility, accountability, and happiness.

Steps to incorporate a more open, apologetic mindset into daily interactions.

Hiroshi Uchida, born in 1978 in Tsukuba City, Ibaraki Prefecture, is the founder and current director of "BIJUKU", a makeup school that emphasizes enhancing women's natural beauty. He is also a certified counselor and has developed a unique makeup technique that promotes self-acceptance and confidence. Through his work, Uchida has impacted over 10,000 individuals, helping them improve their self-esteem and interpersonal relationships.

TAKESHI YORO

THE WALL OF IGNORANCE

Six million copies sold. Reprinted more than 129 times. The most read book of the Heisei era (1989-2019). The 5th most sold book in all Japanese history.



NON FICTION

Publisher: Shinchosha Publication: 2003 Pages: 204 Takeshi Yoro is a renowned Japanese anatomist, writer, and thinker known for his interdisciplinary approach to science and philosophy. As a professor emeritus at the University of Tokyo, his scientific work primarily focuses on human anatomy and neuroscience. However, he gained widespread recognition for his thought-provoking essays and books that explore the intersection of biology, society, and human perception.

One of his most famous works, *Baka no Kabe* (*The Wall of Ignorance*), delves into cognitive biases and human ignorance, earning him critical acclaim. His writing often challenges conventional wisdom, encouraging readers to think independently and question societal norms. Yoro's ability to bridge science and humanities has made him an influential figure in both academic and literary circles in Japan.

"In the last twenty years, the world has seen a rise of 'walls of ignorance". At the heart of the book is a reflection on human nature... Yoro's terminology has taken on a life of its own...."

The Japan Times

Rights sold

Chinese (Traditional)
France (Guy Tredaniel)
Germany (DTV Verlagsgesellschaft)
Poland (Zysk i S-ka)
Romania (Alice Books)
Russia (Alpina Publisher)
Spain (Debate)
UK (Fern)
Korean, Turkish

People often believe they "know" something—whether from the media, social circles, or personal experience. Yet, our understanding is shaped by unconscious biases and cognitive limitations. We strive for uniqueness, unaware that we are already unique. We cling to impossible truths, not because they are logical, but because our brains are wired that way.

Takeshi Yoro explores *The Wall of Ignorance*, the invisible barrier that prevents us from truly grasping the world around us. He delves into the neuroscience of human intelligence, revealing how our cognitive limitations shape our perceptions, interactions, and even global decision-making.

Dialogue and interaction do not always lead to understanding; instead, we often reinforce our own assumptions without realizing it. This book invites readers to critically examine the mental constructs that cloud their judgment and to break free from the illusions of certainty.

By deconstructing these ingrained beliefs, we open the door to deeper knowledge, awareness, and a more profound understanding of ourselves and the world.

People may say that I have explained things, but I have explained traditional Japanese concepts in a Western style for modern Japanese people. However, since I am not a Westerner, I simply used what Japanese people think is Western style to explain traditional Japanese concepts in a unique way.

Takeshi Yoro was born in 1937 in Kamakura, graduating from Tokyo University School of Medicine and joining the Research Center of Anatomy. Following his degree in M.D., he taught anatomy at Tokyo University until 1995 and was a professor at Kitazato University until 2003 and later became an Honored Professor at Tokyo University. Yoro is popular for his explanations of societal phenomena and psychological issues from the neuroscientific and anatomic perspective. He is the author and coauthor of over 500 books, his most well-known being The Wall of Ignorance. He is the president of the Association of Insects in Kamakura, a community group which he founded himself. His love of insects comes from his curiosity towards things that cannot be explained by mere theory.

SHINSUKE YOSHITAKE

DADDY'S TODDLING FIRST STEPS

Beloved children's book author Shinsuke Yoshitake shares the funny and frustrating truths of fatherhood in his first illustrated parenting essay.



Aren't mothers always irritated? Aren't fathers always left out?

Picture book author Shinsuke Yoshitake figured it out when he became a dad. While struggling with the daily challenges of raising a child, Shinsuke experiences uncertainty, discovers insights, and finds joy.

His illustrated essays on his initiation into fatherhood will have experienced parents laughing and nodding knowingly. It would make the perfect gift for a new dad!



NON FICTION

Publisher: Poplar publishing

Publication: January 2025

Pages: 128

READERS' REVIEWS

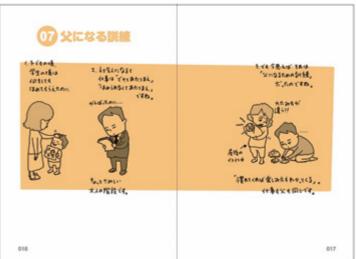
"A cute little piece; as I read, I kept nodding in agreement, totally understanding".

"Really interesting and laughable! I can sympathize with you! I can cry!"

"I think this book is something that soon-to-be fathers, grandfathers, mothers, and grandmothers can all relate to, helping deepen understanding of each other and providing plenty of conversation starters".



Honest Impressions



Practice for Fatherhood

Shinsuke Yoshitake Born in 1973. He made his debut as a picture-book author in 2013 with *It Might Be an Apple*. He has since authored many other works with a diverse range and won numerous awards, including the MOE Picture Book Store Awards, the New York Times Best Illustrated Children's Book Award and a special mention at the Bologna Ragazzi Award. Many of his works have been translated into other languages.

Vicki Satlow Literary Agency info@vickisatlow.com

Vicki Satlow Literary Agency info@vickisatlow.com

CHISATO ABE

YATAGARASU

Over 2 million copies sold of this 10 book series of high fantasy inspired by Japanese mythology.

FICTION

Publisher: Bungeishunju Publication: 2012-present













The series has been adapted into Mangas and an anime television show available on Apple tv.

Enter the world of the Yatagarasu, a society evoking Heian-era Japan, where the legendary three-legged crows that appear as a messenger of god in Japanese mythology live as humans in a parallel world.

Set in a grand-scale fantasy world conceived by the author, and filled the eponymous creatures known as Yatagarasu, which are shape-shifting ravens/crows, the story revolves around five Yatagarasu families who are able to transform between human and crow forms.

In the four corners of the domain, the Yatagarasu characters contend with power struggles, turmoil, conspiracy and natural disasters. They are forced to establish alliances and contend for favors to ensure their power.

In volume 1, four beautiful princesses from great noble families gather at the palace where only one will be chosen as a queen for the crown prince, who does not reveal himself to them. The protagonist is Yama Yukiyauchi, who is a member of this shape-shifting race that's been selected to assist Prince Wakamiya. Together, they deal with all sorts of oddities and the unfortunate commonalities of royal drama.

Various folkloric elements of Shinto mythology (including the eponymous crows) appear in the series, although the central part revolves around the relationship between the prince and his Yatagarasu.



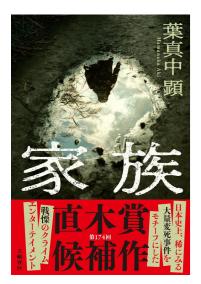
Italy (Mondadori) Russia (Ast) Simple Chinese (People's Literature) Traditional Chinese (Systex)

Chisato Abe was born in Gunma Prefecture in 1991. She made her debut as a student at Waseda University, after receiving the 2012 Matsumoto Seicho Prize for her work wich was later published. Her Yatagarasu series was selected as the winner of the Yoshikawa Eiji Bunko Prize for 2024.

AKI HAMANAKA

THE FAMILY

Nominated for the 174th Naoki Prize



FICTION

Publisher: Bungeishunju Publication: October 2025 Pages: 320 "I learned that in the real world, you can easily achieve perfect crime."

On November 3, 2011, a naked woman ran to the police box and the "incident" was discovered. The woman, who calls herself Mino Okudaira, said that her sister and her husband were being taken money by a strange woman, but the police refused to file a case on the grounds of "civil non-intervention."

That was the beginning of the "Amagasaki Serial Death Case", one of the worst cases in Japan's crime history. Miyoko Sumida, a 64 year old Japanese grandmother from Amagasaki, allegedly coerced family and friends to kidnap, torture and murder multiple people for financial gain.

The crimes began with the disappearance of a woman in or around 1987 and, although several suspicious deaths and disappearances had occurred one after another, the case would not come to light for many years.

Akira Hamanaka, who has continued to release mystery novels that closely address social issues such as elder care, homeless children, and the employment ice age, highlights in this non-stop crime novel the flaws hidden in Japan's doctrine of 'no involvement in civil matters.

Despite being such a shocking incident, no novel had directly tackled it until now.

"At that time, the press had to explain the family tree, but because the crime period was long and there were so many people involved, I don't think anyone was able to understand the whole picture of the case after hearing it once. I thought it might be better to extract the episode to some extent and write it, but I felt that if I cut down on the "complexity", the inexplicable attraction of this incident itself would disappear"

Aki Hamanaka interview

READERS' REVIEWS

"it was scary, so I wanted to set aside time and read on. What is depicted many times in the work is the wall of police non-intervention in civil matters. No matter how serious the situation was, it was dismissed as a "family issue," and victims were taken back to the place of offense — confronted with the fear of the reality that families would be a cover for violence".

"It is a terrifying novel that overturns the image of the word family".

"I couldn't stop reading"

Aki Hamanaka (1976) was born in Tokyo. His novel for young readers, *Raibaru (Rivals)*, received the Kadokawa Gakugei Children's Literature Prize in 2009. In 2011 he contributed scripts for the popular manga series *Inu-bu! Bokura no shippo senki (Canine Club: Our Tales of Tails)* appearing in the *Shūkan shōnen sandē (Weekly Boys Sunday)* magazine. In addition to writing other manga scripts, he contributes articles to educational enrichment magazines. He won the Japan Mystery Fiction Prize for New Writers in 2012 for his novel *Rosuto kea (Lost Care)*.

KYOKO HASUMI

DOCTOR PEN

A heartwarming story about past emotions packed into magic fountain pens.



FICTION

Publisher: Poplar Publishing Publication: 2021 Pages: 293 Tucked away down an atmospheric alley in Kobe, the tiny shop is the roost of owlishly wise Toma Fuyuki, who dispenses advice to his customers as he fixes their fountain pens. The motto of his store is: *Fountain Pen Counseling will change your life*.

When it comes to repairing old pens, no one can compare with Toma. Simply looking at a pen is enough for him to grasp all the worries and difficulties of its owner, whom he gently guides towards a solution.

When unhappy university student Sawa Nonami takes a job as his assistant, she discovers the universe of eccentric fountain-pen aficionados whose lives intersect at his store. The experience will change her life in ways she could never have guessed.

Filled with fascinating details about fountain pen brands, designs, mechanisms, and inks along with plenty of reasons why these old-fashioned writing tools still matter today, this is a novel for pen lovers and for young people struggling to find their path in life.

Rights sold

France (Bragelonne) Italy (Sperlin & Kupfer) China

Kyoko Hasumi (1965) was born in Sakai, Osaka, and graduated from the Fine Arts Department of Osaka University of Arts. Her debut novel won the Excellence Award in the Yokomizo Seishi Mystery and Horror Prize in 2010. In 2020 she won the Osaka Book One Project.

EXCERPT

Three days later, a car pulled up in front of Doctor Pen's shop.

- "I believe I requested that the pen's owner come in person," Toma said. Sawa was confused...
- "I'm here, aren't I?" Reito asked, setting the cup he was holding in his left hand on the table.
- "No, I meant the person who has been using this pen," Toma answered. Reito froze. Toma opened a box he had set on the desk and took out the Waterman Edson pen.
- "Pardon my saying so, but I don't believe you are the one who has been using this fountain pen, Mr. Terada." Sawa watched nervously as Reito scowled.

"What are you implying?" he snapped. "If you're going to start making bizarre accusations, I'll take my business to another shop. There are plenty of other fountain pen repairmen around."

The instant Reito reached out his left hand, Toma drew the Edson near. "I believe this pen's owner is right-handed," he said. Reito stared in amazement at his own extended hand. "And that they have quite a distinctive way of using it," he added. Sawa could hear Reito gulp.

"The question of which hand is simple," Toma continued. "You can tell by looking at how the nib is worn down. Now, your order said the ink was coming out too fast. Excessive ink flow is caused when a pen is dropped or knocked, causing the tip to bend, or when this slit here that runs toward the tip widens." He pointed to the bottom of the nib. "If the person using the pen presses down hard when they write, it's common for the slit to widen. But that's not the reason you're having a hard time using this pen. To make it easier to explain, I have here another Edson."

Toma took a pen of the same make and model but a different color from the desk drawer. He slowly removed the cap, peered through his magnifying glass at the nib, and then set both on the tray.

"This is a Diamond Black Edson I borrowed from a customer. The nib width is F, fine. Take a look at the nib like I've just done." Reito hesitated to pick up the magnifying glass and pen. "Go ahead," Toma urged. Copying Toma's movements, Reito held the nib behind the magnifying glass, but had trouble bringing it into focus. Eventually, he seemed to succeed. "The nib you are looking at now is the standard model sold by the company. Keep that shape in mind. Now please look at the Edson nib that you brought in. I have done nothing to it since receiving it." Reito was silent. "Well? Do you notice that compared to the other pen, the nib is longer?"

YUKI IBUKI

SPINNING THE CLOUDS

Can a family on the verge of collapse be saved?

A multigenerational tale portraying family bonds through the ancient art of wool spinning.



FICTION

Publisher: Bungeishunju Publication: 2020 Pages: 368 A cross-generational story that contrasts the incessant pressures of urban life with the practical challenges that confront a diffident teenager when she runs away from home to live with her grandfather in rural Japan.

There, she learns how to work with wool. A red shawl, a treasured present from her late grandmother, becomes the key to untangling her emotions and bringing her estranged parents back together again.

This novel is sure to appeal to fans of 'cosy fiction', which has recently been a hugely popular genre of translated Japanese literature. The depiction of high schooler Mio's struggles, and the empathy shown throughout the novel, is sure to strike a chord with fans of *Lonely Castle in the Mirror*, while the many who enjoyed *The Cat Who Saved Books* or *Days at the Morisaki Bookshop* will surely appreciate the themes of overcoming a difficult period and rediscovering joy in life.

In addition to the heartwarming storyline, the novel is a treasure trove for foreign readers with an interest in Japanese culture and arts as, through Mio, we learn about the ancient crafts of wool-spinning and dyeing. The crafts portrayed in Ibuki's novel, born of a specific region and time, give the reader both an insight into the environments and ways of life of the people who created and developed them, and the story expresses a deep respect for the craftspeople who made them and passed them down to subsequent generations.

This is an uplifting celebration of the traditional and tactile arts in an age of virtual reality, invoking both C.S. Lewis's *Tales of Narnia* and Kenji Miyazawa's *Night Train to the Stars*.

Rights sold

France (Albin Michel) Germany (Insel Verlag) Italy (Garzanti) Portugal (Presença) China, Vietnam

Vicki Satlow Literary Agency info@vickisatlow.com

EXCERPT

Mio hurried back to her room and got into bed. Clutching the red shawl, she draped it over her head and closed her eyes. This never-ageing shawl was magical. When she was wrapped up in it, it felt to Mio like time stopped completely. Opening her eyes slightly, she touched the label sewn into one of its corners. 'Yamazaki Studio'. The name of the artisanal workshop in Morioka, Iwate Prefecture, run by her paternal grandfather.

Her father and grandfather didn't get on; Mio had heard that he hadn't even been invited to her parents' wedding. Still, Mio's father had got in touch with him when she was born, and her grandparents brought the shawl with them when they travelled down to Tokyo for her hatsumiyamairi ritual. Everything looked harmonious enough in the photos taken that day, and you wouldn't be able to tell, by looking at them, that her father and grandfather had fallen out. Mio's favourite was a photo taken in the grounds of the shrine: her grandfather holding his first grandchild, bundled up in the red shawl, while her grandmother looked happily at Mio's tiny face. When things were difficult at school, Mio felt a little lighter inside when she thought about that photo. It helped, knowing there had been someone this happy she'd been born.

She poked her head out of the shawl, reaching for her phone. There was another photo she loved: taken from the window of her grandfather's workshop, showing the view from Yamazaki Studio. It looked like the kind of landscape you would see in a children's picture book, and she had it set as her phone's wallpaper. She turned to lie on her front, and stared at the photo on her phone screen: sheep grazing on green meadows streaked with sunlight, white clovers by their feet, and clusters of trees spread out along the back of the fields. A little pasture, in the middle of one of Iwate's forests.

Mio had found this photo online, in a blog about Iwate's local crafts. It explained that Yamazaki Studio is an atelier creating 'homespun textiles' out of yarn which they make themselves by hand, from sheep's wool. The fabrics made by Mio's grandfather, Kojiro Yamazaki - called 'Ko's textiles' - are said to infuse sunlight and weave in the winds, and were apparently hugely popular in the Showa era. The blog borrows snippets from Miyazawa Kenji poems to describe the view from the studio: referencing its 'beautiful clean breezes', the 'pink blushes of morning sun', and the 'dreamland of Iwate'.

But Mio's father never talked about his hometown, and nor had he ever taken her there. Mio put her phone away and lay down again, burying her face in the pillow. Her father had a long commute, which meant he left the house early every morning and didn't get back until late. He'd stay in bed all day on the weekends, and even when they did see each other they didn't have much to talk about. Still, looking at the photo of the trees from the studio window made Mio want to ask him about her grandfather's work.

Yuki Ibuki (1969) was born in Mie and graduated from Chuo University. After working for a publishing house, she made her literary debut in 2008. Her novels have won various prizes and have been made into films.

TAKUJI ICHIKAWA

BE WITH YOU

Over 3 million copies sold.



FICTION

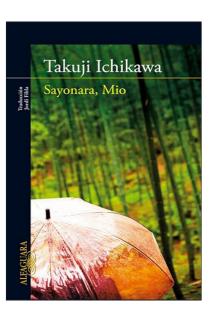
Publisher: Shogakukan Inc. Publication: 2003 Pages: 264 Takumi, a single widowed father, struggles to raise his spirited and intelligent son, Yuji, while grappling with his own debilitating mental health challenges. Bound by a severe anxiety disorder, Takumi cannot venture far from home or use most vehicles without succumbing to paralyzing panic attacks, making their daily life a chaotic and melancholic bachelor existence.

Their world is turned upside down when, during a walk, they encounter Mio—Takumi's late wife—seemingly alive and whole, yet devoid of any memory of her past life. Despite her confusion, the physical resemblance is undeniable, down to the smallest details, and Takumi convinces her she is his wife. Overwhelmed with joy, he sets out to welcome Mio back into their lives, sharing the story of their poignant love and grappling with the surreal reality of her return.

Mio's reappearance, however, is no ordinary miracle. Before her death, she had promised Takumi she would return during the rainy season to check on him and Yuji—though only briefly, disappearing again before the heat of summer. As the days pass, Takumi searches for answers, uncovering a deeply moving tale of love, fate, and the unbreakable bond that transcends even death.







Rights sold France (J'ai Lu) Italy (Adriano Salani) Spain (Alfaguara)

2004 Japanese film directed by Nobuhiro Doi



Born in Tokyo in 1962, **Takuji Ichikawa** is a graduate of the Dokkyo University. His first novel, *Separation*, was published in 2002. *Be With You (Ima Ai ni Yukimasu)* was published in 2003 and became a huge hit in Japan. Other bestsellers he has written are *Ren-ai Shashin: Mou Hitotsu no Monogatari* (2003), and *Sono Toki Kare ni Yoroshiku* (2004).

KYOICHI KATAYAMA

CRYING OUT LOVE IN THE CENTER OF THE WORLD

Over 3 million copies sold.



FICTION

Publisher: Shogakukan Inc. Publication: 2001 Reissue: 2024 Pages: 206 Kyoichi Katayama's Crying Out Love From the Center of the World depicts a sweet high school romance between an average guy and a beautiful girl.

Sakutaro and Aki are high school classmates. Their relationship blossoms from friendship to infatuation to a love whose depth belies their youth. But alas their dream is cut short before graduation by leukemia.

The story, told in retrospect by a still-young man trying to come to terms with his true love's death, evokes an aching pathos of loss from the very first page with a clarity and honest intimacy that draws readers immediately into the young lovers' world. The young protagonist is simultaneously dispassionate and deeply tender as he looks back on his experience with his discovery and then devastating loss of first love. Sakutaro's grandfather is a just and telling counterpoint to his own coming of age. Their conversations help bridge the gaps of generation and culture and help Sakutaro build a philosophy from his experience, and then transcend it.

The story closes with an act of devotion to the memory of Aki that will resonate with readers of all generations.

Crying Love From the Center of the World is a bittersweet journey of young love, enduring devotion, and heartbreaking loss. Affectionately known in Japan as Sekachu (short for Sekai no Chushin de Ai wo Sakebu), the incredible popularity of Katayama's novel developed into a social phenomenon in Japan and drove it to become one of the classic love stories of all time.

A national sensation that touched over three million readers, Kyoichi Katayama brought innocent love and romance to the forefront of Japan's ultra-hip mass market.







Rights sold

France (Presses de la Cité) Hungary (Muvelt) Italy (Salani) Poland (Grupa Wydawnicza Foksal) Russia (Azbooka-Atticus) Serbia (Vulkan Publishing) Spain (Plaza & Janés)

Kyoichi Katayama (1959) dropped out of Business school to write this novel, and he never went back. He is a master of Samurai Suard Martial Arts.

KEIYA MIZUNO

THE ELEPHANT THAT MAKES DREAMS COME TRUE

No. 1 Amazon bestseller; over 16,800 reader reviews



FICTION

Publisher: Bunkyosha. First publication: 2007 4-book series An ordinary office worker wallows in sorrow and self-pity after attending a party thrown by a senior co-worker. Surrounded by celebrities, top executives and other glamorous people, the protagonist is struck by the pettiness of his own existence. All he wishes for is happiness but no matter how many self-help books he reads, his goals never seem to get any closer.

Hopelessly drunk, the night of the party he cries out to a Hindu figurine brought back from a trip to India, "I want to change my life!" The next morning, a mysterious creature resembling Ganesha, the elephant-headed god of beginnings, appears at his bedside and promises to make his dreams come true in exchange for carrying out a series of small (but unconventional) tasks.

By setting out to achieve Ganesha's small goals (polishing his shoes, stop eating when 80% full, going straight home after work without stopping on the way), the protagonist learns to cherish the present moment and stop worrying about manipulating the outcome of his actions. The first volume in the series of five self-help novels that took Japan by storm by reminding readers that perseverance and self-acceptance are the keys to real happiness.

A hugely successful 4-book series with 5.6 million copies sold

"I devoured all the self-help and business books out there, but they just made me lose confidence and drained what little self-esteem I had left... That's what sparked the idea to write a book with a low entry barrier—something people could read and think, 'I could try this right away.' I feel uneasy about books written from the perspective of 'I succeeded this way.' As if the author is suddenly trying to show off. I want readers to feel this book has had a true impact on their lives when they finish it and return to reality. That's how this format came about. I see this as a practical guide, aiming to provide readers with knowledge they can wield as a weapon to navigate real life."

Keiya Mizuno interview, Asahi Shimbun

BOOK INSTRUCTIONS

Starting from today, you are to accomplish one task a day that is set forth by Ganesha. Ganesha's tasks are all able to be completed within a day. As mentioned, the tasks are not particularly difficult. But you will see that they have an immensely effective power that will drastically change your life.

By completing the tasks, you will be able to make all of your dreams and goals come true—from becoming richer, to having more fame, to accomplishing something that only you can do, to displaying the talent that you have at its maximum capacity. Ganesha's lessons will lead you to success in everything you wish to be successful in.

At first glance, there will be some tasks that you will not see much point in doing. You may question yourself. You may feel that they are based on superstitions and not on something more reliable like scientific evidence.

Still, you must go through with every single task. As Ganesha also said, all of the great people we know in history have all accomplished many of these things. The key is that you must execute each that is given to you and experience the effects of success for yourself.

If you end up not completing the tasks and dishonoring your contract, Ganesha will enforce the rules of the contract and deprive you of all your aspiration.

Rights sold

Chinese (Simplified)
Chinese (Traditional)
Germany (Rowohlt Verlag)
Korean

Mongolian Russian

Thai

Keiya Mizuno is born in 1976 in Aichi Prefecture. Graduated from Keio University's Faculty of Economics. Made his literary debut in 2003 with Techniques That Make People Laugh (Ukeru Gijutsu, Shinchosha). His other works include the Dream-Granting Elephant series, Life Is Meow-Tastic! and The Spartan Marriage Boot Camp (all from Bunkyosha). He also plans and writes scripts for DVDs and films.

SAKI MURAYAMA

THE TWILIGHT CONVENIENCE STORE AND A CAT

The mysterious convenience store - the "Twilight Mart" - is said to be a place where you can find whatever you are most desperately searching for in life. Anything at all.























FICTION

Publisher: Poplar Publishing Publication: 2010-2024 The tales are set in the fictional community of Kazahaya and center on a mysterious convenience store, known as the Twilight Mart, on the edge of town. Surrounded by legend, it is said to be reachable only by those who are searching for something out of some deep-seated need.

Each story tells about a different customer who visits the store. The clerk is a silver-haired, goldeneyed young man of mysterious mien, who, in spite of his eccentric appearance, has utter empathy for his customers.

When the sun hangs low in the sky, go to the end of the shopping street in front of Kazahaya Station. There, you will find a mysterious convenience store on the old road with the red torii gate.

The wooden sign above the door says Twilight Mart, and unlike other stores, the letters are written in bright shiny red. Just below the sign is a crest, looking like an ear of rice.

When you open the door, you will be greeted by the sweet smell of freshly-made inari and the bubbling sound of oden. There at the register stands a young man with long silver hair and golden eyes, a smile on his face.

His slender eyes seem to sparkle, and it makes him seem a little scary.

But he'll welcome you with a cheery and warm greeting.

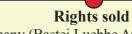
"Welcome to our shop.

 ${\it Is there something you're looking for?}"$

Anything you can wish for can be found right here inside this shop. But there are also things that wouldn't be sold anywhere else.

It is said that people in search will always find that special something here in this store.

This is Twilight Mart. A most mysterious and magical convenience store.



Germany (Bastei Luebbe AG) Spain (Planeta Neko)

SAKI MURAYAMA

THE MAGIC OF THE MALL



FICTION

Publisher: Poplar Publishing Publication: 2017 Pages: 452 Over 110,000 copies sold. Winner of the 2018 Booksellers Award in Japan.

A department store, a cat and a wish. It only takes a few ingredients to create a story that conveys serenity and zest for life.

The most prestigious department store in Japan hides a secret, passed down through generations: a white cat capable of granting wishes roams its floors. If you happen to cross its path, your dreams become reality. But it is not easy to find him because he knows that many unfulfilled dreams await him. Among those who are looking for him are: Isana, attendant of the big crystal lift, who would like to find her father who left when she was a child; Sakiko, owner of the shoe shop, who dreams of spending an evening with her best friend, with whom she has not spoken in years. The manager of the luxury department, Kengo, dreams that the white cat will tell him about the woman who abandoned him at birth, while Ichika, who manages the store's archive, hopes for nothing more than to be able to see herself again in the eyes of her lost love.

Everyone has a dream, a wish, a hope to entrust to the mysterious feline that lurks within the walls of the department store. Everyone has a painful past or a future that seems uncertain. The cat knows however that there is no joy without difficulty and sometimes just dreaming fervently for that dormant feeling to resurface brings happiness.



Rights sold

France (Bragelonne)
Italy (Garzanti)
Portugal (Presença)
Russia (AST Publishers)
Korea, Thailand

THE INCREDIBLE NEKOMIMI CAFÈ



FICTION

Publisher: Shogakukan Publication: 2023 Pages: 296 A 50-something woman and her black cat manage a unique coffee shop where she delights her customers by serving them food, tea, and magic spells.

One day, Ritsuko finds a helpless black cat on the roadside. She takes the poor thing home and cures it, when suddenly, the cat speaks to Ritsuko. When she was a little girl, Ritsuko had a cat named Melody that died of an illness and the black cat is Melody reincarnated.

Ritsuko has an unusual lamp in her home, given to her by a fortune teller friend who told her that a "genie" lives in it. Half-jokingly, Ritsuko asks the lamp to cure her terrible headache and that is when she meets the lamp's genie. The genie then tells Ritsuko, "You are to pass away tonight. It cannot be undone." Ritsuko accepts her fate, but Melody begs the genie to spare Ritsuko's life in exchange for the cat's. The genie agrees to spare both of them but on the condition they both become wizards.

Ritsuko summons a giant flying car with her magical abilities, and embarks on a journey with Melody and the genie. They open a magical coffee shop where they can grant people happiness.



France (Bragelonne) Russia (Azbooka-Atticus Publishing) Korea

Born in Nagasaki, **Saki Murayama** (1963) made her literary debut with *Small Eri*, which won the Mainichi Children's Books Award and the 4th HatojuMuku Children's Books Award. *Magic of the Mall* was nominated for the Booksellers' Award in 2018.

NORIKO ONUMA

MIDNIGHT BAKERY

Midnight Bakery, a six book series written by Noriko Onuma, is a delightful blend of mystery, heartwarming moments, and a touch of the supernatural.

Over 1.2 million copies sold.

FICTION

Publisher: Poplar Publishing Publication: 2012-2018













A widower, a baker, and a talented but foul-mouthed student work to provide refuge to lost and lonely souls through their magical pastries. But they have secrets too.

The story unfolds in a quaint bakery that operates exclusively during the midnight hours- from 11pm to 5am. This bakery is unlike any other—it caters to a unique clientele of outcasts with special requests and secrets.

The Midnight Bakery is a mysterious and magical bakery in Sangenjaya, open from 11 p.m. to 5 a.m when it offers refuge to troubled customers. It is a small, odd shop that is run by Kanjiro, the foul-mouthed baker, and owner Kurebayashi Yosuke, who suddenly went from high-flying salaryman to owner and apprentice of this newly started bakery after his wife's sudden death.

One night, a high school student called Nozomi suddenly turns up at The Bakery, claiming to be the younger sister of Kurebayashi's dead wife. Although doubtful, he lets her stay in the shop without questioning.

This is the start of the numerous incidents that the three of them will find themselves embroiled in as other motley characters come and go in search of the solace that only the bakery and its pastries can provide.

Rights sold

France (Bragelonne)
Germany (Thiele Verlag)
Italy (Garzanti)
Spain (Ático de los Libros)
US (HarperCollins)
China, Korea, Taiwan

Noriko Oonuma (1975) worked as a scriptwriter before entering the fiction arena by winning the 2005 Botchan Literary Award with *Ringing Out the Old Year and Ringing In the New*. She is one of Japan's up-and-coming writers.

SHIORI OTA

THE 4 MINUTE 33 SECOND COFFEE SHOP

A coffee shop in Hokkaido that offers you one chance to time-travel and repair the past.

4 Minutes and 33 seconds, the time it takes to make a coffee.



FICTION

Publisher: Bungeishunju Publication: 2023 Pages: 288 The scent of coffee and the sound of an old clock invite you into this gentle, bittersweet time-travel fantasy. It is rumoured that at Tacet Evening Hall, a coffee shop in Hokkaido, a woman can take people into the past. And there, they can correct their biggest regret. An unsaid word, a wrong decision, a moment of distraction...

Who wouldn't want a chance to correct the past?

They only get one chance, a four-minute and thirty-three-second window while the coffee is brewing.

At the center of the novel is a Himari, a middle schooler who once had a brilliant future as a piano player, until an accident damaged her fingers. She learns that changing the past is not the only way to shape the future and that "If there were a perfectly written musical score for the future, we would probably not play it accordingly".





Rights sold

Bulgaria (Peppermill Books Ltd)
France (City Éditions)
Germany (Droemer)
Hungary (Alexandra Group)
Italy (Garzanti)
Netherlands (The House of Books)
Russia (Eksmo)
US/UK (HarperCollins)

EXCERPT

Ever since Himari Misaki was little, everyone had acknowledged her prodigious piano skills.

She'd studied music abroad in England but returned to Hokkaido following an injury. Now, she lives with her divorced mother and younger sister, Nanoka. Coming back and knowing she's failed everyone leaves Himari in a terrible mindset. She begins her first year of middle school a month late because of her recovery, but on her way to her first day there, a middle-aged woman in fancy clothing calls out to her.

"Use everyone's sympathy to your advantage. Just smile brightly, and it'll be fine," the woman reassures her.

On the way home, the same woman recommends her coffee filled with syrup and milk, and she tries it for the first time in her life. "How strange. It smells like flowers," she muses. It's then she learns about "Tacet Evening Hall", a beautiful coffee shop near the neighboring park, and its shopkeeper known as "the witch".

Encouraged, Himari thanks the woman and heads home. "I'll be fine tomorrow, too," she thinks. The next day, Himari searches for the woman, but she finds the woman's whole house has vanished. At that moment, Himari finds the Tacet Evening Hall near the park. "It's really here," she realizes, reading on its door that the café's "Opening Hours End at Sunset". Heavy door, polished wooden walls and floor, a stopped clock, pale dried flowers, and mugs decorating the shelves...

"Tacet" had been named after the musical term for a long rest.

A man named Kobayashi is in the shop. As he remembers his wife who died eight years ago, he is crushed by regret and guilt. His wife had asked him to buy her flowers for her birthday as they'd passed by a florist, but he'd refused out of embarrassment. His wife had died of an illness before her next birthday. He'd always loved her, he thinks, as he orders a second cup of coffee. The storekeeper prepares a French pressed coffee called "4'33" John Cage". The hot water drips in slowly, and the scent of coffee rises. Each drop of falling water resounds lower and slower. Kobayashi's consciousness fades away like the whirl of an old record set to play.

For those four minutes and thirty-three seconds, he time-travels and sees his wife in front of the florist's. "This is the second time you're buying me flowers. The first time was for our first date," she says.

Shiori Ota was born in Sapporo, Hokkaido in 1978. In 2012, she made her debut with *There's a Corpse Buried Under Sakurako's Feet*, which she published on the novel submission website Everystar and won the Excellence Award in the Mystery Category of the Everystar Digital Book Awards.

MAIKO SEO

ALL THE LONG NIGHTS

Life is tougher than we think, but there are rays of light all around us. This novel is one. Like a beacon of hope in the darkness, it makes living a little bit easier.



FICTION

Publisher: Suirinsha Publication: 2020 Pages: 272 All the Long Nights is the story of two young people struggling to live a normal life with debilitating hidden illnesses. Illnesses, moreover, that are mired in stigma and misunderstanding, and not normally openly discussed. Twenty-eight-year-old Misa Fujisawa suffers from premenstrual syndrome and 25-year-old Takatoshi Yamazoe from panic disorder.

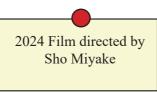
Both have lost jobs, friends and future dreams because of their conditions. But in the relaxed atmosphere of the small company where they work, they develop a camaraderie and bond of mutual support which lead to small changes that make a big difference, and open up hope for the future.

Written with humor, lightness and empathy, the text draws readers into the world of those live and work with a hidden or life-changing illness, offering hope on how to remain positive in the face of it. This is Maiko Seo's first novel to be published since her phenomenal bestseller *And So the Baton is Passed* won the Booksellers Award in 2019. It is based on her own experience of panic disorder.



Rights sold

China, Indonesia, Korea, Thailand, Taiwan, Ukraine, Vietnam Italy, UK, US



A BLESSING FOR A WEDDING

This heartwarming story about a teenager in an unconventional family situation won the 2019 Booksellers Award.

Over a million copies sold in Japan.



FICTION

Publisher: Bungeishunju Publication: 2018 Pages: 372 A light, humorous, amiably peopled, and tender novel about found families, the people who shape our lives, and the complexities of nontraditional family ties.

Yuko has had four different surnames and been brought up in several families. The parental figures in her life, despite not being related by blood, have always cared deeply for her. Through it all, pragmatic and resilient and Yuko has navigated life's changes and its occasional conflicts without bitterness, always managing to find a kind of equilibrium.

As an adult, Yuko falls in love with Hayase, a talented pianist she's known since her school years. Now a married woman, she embarks on a journey to reconnect with the various parental figures from her past to seek their blessing for her marriage. Along the way, she revisits her former life and the people in it and gains a deeper understanding of what truly defines a family.

Ukraine, Vietnam





Czech Republic (HOST) Italy (E/O) Poland (Helio Publishing) Russia (Azbooka-Atticus Publishing) Serbia (Vulkan Publishing) UK/US (Europa Editions) China, Indonesia, Korea, Taiwan, Thailand,

Rights sold

Maiko Seo (1974), born in Osaka. Her first novel, *Tamagono Cho* (Egg Cord) won the Botchan Literary Grand Prix in 2001. She won the 2005 EijiY oshikawa Literary Prize in the New Author category with *KofukunaShokutaku* (A Happy Dining Table) and the 2009 JojiTsubota Literary Prize with *TomuraHantenSeishun100 Renpatsu* (Restaurant Tomuraand the Hundred Shots of Youth).

DURIAN SUKEGAWA

DIG OUT THE SUN



FICTION

Publisher: Poplar Publishing Publication: 2024 Pages: 250 One morning, the sun disappeared. The world has been plunged into chaos. From her home, seventy-year-old Yoshie Tokumaru stared at the city wrapped in night.

Even before the disappearance of the sun, Yoshie's heart had lost its light. Her only son, Kentaro, had died of overwork. Yoshie closed the café that she'd remodeled the first floor of her house for. She didn't want to meet anybody.

Someone knocks on the café door. When Yoshie opens it, there stands a boy. He proclaims he is thirsty, so she lets him in and makes him a cumquat syrup drink. The boy says he has no parents. He doesn't offer a name. He insists he is on a journey to find the sun. Yoshie intends to find his guardians, so together they set out into the dark city.

Rights sold

Finland (Sammakko Publishing)
France (Bragelonne)
Italy (Einaudi)
Romania (Alice Books)
Spain (Cántico)

SWEET BEAN PASTE



FICTION

Publisher: Poplar Publishing Publication: 2013

Pages: 239

2015 Japanese drama film directed by Naomi Kawase.

Rights sold

Brazil (Morro Branco) Bulgaria (Colibri Publisher) Croatia (Hena com) Czech Republic (Dobrovský) Estonia (Postimehe Kirjastus) Finland (Sammakko Publishing) France (Albin Michel) Germany (DuMont) Hungary (Muvelt Nep Konyvkiado) Italy (Einaudi) Lebanon (The Arab Cultural Center) Poland (Jagiellonian University) Portugal (Leya) Romania (Alice Books) Russia (MTS) Serbia (Vulkan Publishing) Spain (Chai Editora)

UK/US (Oneworld Publications)

China, Indonesia, Korea

Vicki Satlow Literary Agency info@vickisatlow.com



CATS OF SHINJUKU

FICTION

Publisher: Poplar Publishing Publication: 2019

Pages: 250

Rights sold

France (Albin Michel)
Germany (DuMont)

Greece (Pedio Publishing SA)

Italy (Einaudi)
Poland (Yumeka)

Portugal (Leya) Romania (Alice Books)

Russia (Mann Ivanov and Ferber)

Spain (Cántico)

Thailand



THE ISLAND OF PINZA

FICTION

Publisher: Poplar Publishing

Publication: 2014 Pages: 340

Rights sold

France (Albin Michel) Germany (DuMont) Italy (Einaudi)



JOHNSON THE CROW

FICTION

Publisher: Poplar Publishing

Publication: 2018 Pages: 259

Rights sold

France (Albin Michel) Lebanon (The Arab Cultural Center)



BUDDHA ON THE WATERSIDE

FICTION

Publisher: Poplar Publishing Publication: 2019

Pages: 317

Rights sold

Italy (Einaudi) Portugal (Leya) Spain (Cántico) UK/US (Onewold Publications)

Durian Sukegawa studied oriental philosophy at Waseda University, before going on to work as a reporter in Berlin and Cambodia in the early 1990s. He is a director in the Japan P.E.N. Club and Head of the Children's Book Committee. He's also a poet, spoken-word performer, singer-songwriter, public speaker, and television and radio personality.

Vicki Satlow Literary Agency info@vickisatlow.com

MIZUKI TSUJIMURA

THE LONELY CASTLE IN THE MIRROR



Seven teenagers wake in a tranquil neighborhood of Tokyo to find their bedroom mirrors shining. At a single touch, they are pulled from their lonely lives into a wondrous castle filled with winding stairways, watchful portraits, and twinkling chandeliers. In this new sanctuary, they are confronted with a set of clues leading to a hidden room where one of them will be granted a wish. But there's a catch: if they don't leave by five o'clock, they will die. As time passes, a devastating truth emerges: only those brave enough to share their stories will be punished.

A mesmerizing tale about the importance of reaching out, confronting anxiety, and embracing human connection.

FICTION

Publisher: Poplar Publishing Publication: 2017

Pages: 368

The Chronicles of Narnia meets The Breakfast Club

Rights sold

Brazil (Editora Morro Branco)
Bulgaria (Peppermill Books)
Czech Republic (Dobrovský)
France (Editions Milan)
Germany (Carlsen Verlag)
Hungary (Kossuth Publishing)
Italy (De Agostini)
Poland (We Need YA)
Romania (Alice Books)
Russia (Reanimedia)
Serbia (Vulkan Publishing)
Spain (Ediciones Urano)

Turkey (Ithaki Yayinlari)

Ukraine (Artbooks)

UK/US (Transworld Publishers)

China, Indonesia, Korea, Taiwan, Thailand, Vietnam







Vicki Satlow Literary Agency info@vickisatlow.com

SUMMER OF AMBER



FICTION

Publisher: Bungeishunju Publication: 2021

Pages: 552

What happens to the things we forget when we grow up?

The skeletal remains of a child are found on the grounds of Mirai School, which was once criticized as a cult. Noriko, a lawyer, wonders if the body belongs to a girl she knew. During elementary school she participated in the summer camp at Mirai School, where children lived away from their parents to foster independence, or, like Noriko, because they couldn't do well at school. There Noriko met a girl who said they were "friends forever".

What if the girl had died? The doors open to the memory from 30 years ago, and childhood secrets are revealed.

Rights sold

Italy (Mondadori) Russia (Azbooka-Atticus Publishing) Spain (Ediciones Urano)

After years of grueling fertility treatments yield no success, Kiyokazu and

Satoko Kurihara turn to the plenary adoption system, welcoming a son,

Asato, in their home. Six years later, the three have settled into a regular

family routine when they receive an unexpected phone call from a woman

named Hikari, demanding her child back. Kiyokazu and Satoko decide to

TRUE MOTHERS

300,000 copies sold.

meet Hikari, who gave birth at 14 years old.



How can they deny her request?

Italy (Mondadori) Russia (Azbooka-Atticus Publishing) Spain (Urano) China, Indonesia, Korea, Vietnam

Rights sold

FICTION

Publisher: Bungeishunju Publication: 2018 Pages: 358

Mizuki Tsujimura (1980) made her literary debut in 2004. In 2011 she won the Yoshikawa Eiji Prize for New Writers, and in 2012 she won the Naoki Prize for her story collection.

Vicki Satlow Literary Agency info@vickisatlow.com

NAHOKO UEHASHI

KOKUN The Woman that Could Hear Scents

In this high fantasy, a young girl uses her ability to understand scent-based communication between plants and animals to fight widespread food shortages.



FICTION

Publisher: Bungeishunju Publication: 2022 Volume One: 440 pages Volume Two: 464 pages

Long ago, a living goddess from another world brought to the Umar Empire a miraculous grain, resistant to all pests and disease. Under the guidance of her successors, who are revered as the Kokun, the empire expanded and prospered by spreading cultivation to new territories. While the grain was far more nourishing than other crops, it became a monoculture wherever it was planted, carrying within it the seeds of a disaster that would manifest generations later.

Aisha is a young woman from a vassal state on the edge of the empire. She is gifted with the ability to intuit what plants and living creatures are experiencing by reading their scent. When Aisha's grandfather falls from power as the state's ruler, Aisha is rescued by Mashu, a government official who sends her to work with the current Kokun, the beautiful Orie. Several years later, swarms of mysterious insects descend upon Umar's grain. Famine looms, threatening the balance of power. Aisha, Orie and Mashu race to uncover the secret of the grain and save their people.

Rights sold

Bulgaria (Peppermill Books Ltd) France (Actes Sud) Italy (E/O) Spain (Monogatari Media Editorial) UK/US (Europa Editions)

From Japan's greatest fantasy writer – who has proven that the best fantasies don't always involve magic in works including The Beast Player, Moribito: Guardian of the Spirit, and The Deer King – an ambitious novel which both brings her specialist subjects of biodiversity and the natural world to the fore, while introducing new motifs of scent and agriculture. Uehashi 'takes subjects like "smell", which are difficult to put into words, and renders them in beautiful prose'

The author 'has created a world with incredible precision, including around political and economic systems, landscape and local details', and paints a picture of what happens when people try recklessly to tame the environment, and their hopelessness and inability to do anything when the natural world bares its fangs. This is 'reminiscent of our own arrogance and fragility' and thus highly relevant to people in our own world, facing environmental and economic issues. In addition, this novel doesn't just rely on its protagonist's special abilities, but emphasises the power of people's collective wisdom and creativity in solving problems, and is 'a tale of searching for both light and darkness in all living things, and the light of hope in flexible and changing life cycles.

This epic fantasy is both a tale of biodiversity and the coming-of-age story of Aisha, a young girl exiled from her hometown, who has the extraordinary ability to understand the communication between insects and plants using her sense of smell. A wide-ranging story, drawing on allelopathy to depict the workings of ecosystems of which humans are a part, and touching on plague, food shortage, and environmental destruction.

Nahoko Uehashi is Japan's most acclaimed Fantasy writer – winner of awards including the Hans Christian Andersen Literature Award (2014), the Japan Bookseller's Award, and a Michael L. Printz Award (2020). Her books have sold more than 11.5 million copies in Japan, been made into comics, animated series, a live action television series, and a radio play. Many of her children's works have been translated and published overseas.

YUKIHISA YAMAMOTO

THE LITTLE TOKYO FLOWER SHOP

The novel unfolds episodically, with the symbolic meanings of flowers serving as a central theme.

80,000 copies sold in Japan.



FICTION

Publisher: Poplar Publishing Publication: 2022

Publication: 2022 Pages: 315 At just 24, Kikuko Kimina is completely drained—both physically and emotionally—by the demands of her job. One day, she crosses paths with Rita Tojima, an employee at the Kawarazaki Flower Shop near the station. Drawn into the shop's vibrant world, filled with colorful blooms and a cast of unique coworkers, Kikuko slowly finds solace in her new surroundings. As she interacts with customers, she realizes that every bouquet carries a story—some celebrating life's joyous moments, others marking more bittersweet occasions. Through the language of flowers and the emotions they convey, Kikuko begins to reconnect with her own heart and rediscover a sense of purpose.

Each chapter of this beautifully woven novel is named after a flower, symbolizing the emotions and themes within its story:

- Magnolia Grandiflora
- Sunflower
- Chrysanthemum
- Christmas Rose
- Mimosa
- Cherry Blossoms
- Lily of the Valley
- Carnation

Rights sold

Brazil (Editora Arqueiro) Croatia (Znanje)

Denmark (Gyldendal)

E (All: As: 1.1)

France (Albin Michel)

Germany (Fischer Verlag)

Greece (Pedio Publishing S.A.)

Hungary (Európa Könyvkiadó Kft)

Italy (Garzanti)

Kuwait (Dar Shafaq Publishing Company)

Netherlands (Meulenhof Boekerij)

Poland (Spoleczny Instytut)

Portugal (Planeta)

Romania (Editura Univers)

Russia (Bombora)

Spain (Planeta Neko)

Turkey (Destek)

UK (Hodder&Stoughton)

A sequel is set to be published in late 2025.

Yukihisa Yamamoto, born in Tokyo in 1966, made his literary debut in 2003 after winning the Shosetsu Subaru New Writers' Award (Shueisha) for *Warau Manekineko* (*A Beckoning Cat Laughs*).

EXCERPT

"I want this one," Ukawa said, pointing to a Matisse sunflower. "From the first time I saw it, I thought it was perfect for her."

Kuko nodded. "I like those too," she said. "They're a good choice."

The Matisse was a double sunflower with overlapping petals, giving it the appearance of a horse's mane. Compared to other sunflowers, it was darker and had large petals that exuded both wild robustness and dazzling beauty.

His smile reached his eyes as he lifted his chin with pride. "Thank you."

"How many would you like?"

"Three," interjected Li Ta from the workbench. "Three sunflowers are just right."

A few days later, while stuck at a red light in the La Vie en Rose, Kuko heard her name being called again by a familiar voice.

"Kikuko-saaan."

Chihiro was on the sidewalk, walking alongside ten other girls in matching uniforms.

"Thank you for the other day!" she shouted over the noise of the street.

As Chihiro waved her hat around, Kuko was reminded of the tanka poem by Shuji Terayama:

The sunflower seen far away from the train is like a boy waving his hat.

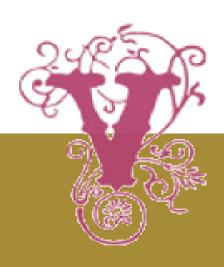
Though, in this case, the "train" was an electric three-wheeled car, and the "boy" was a strong-willed girl. The hat was a straw hat, not a baseball cap, and it was the sunflower that looked like the boy, not the other way around. Staring at her across the street, Kuko couldn't help but think that Chihiro looked like a sunflower.

While flowers like lisianthus and gladiolus had different meanings depending on their color, sunflowers had meanings based on their number:

- 999 sunflowers meant I will love you no matter how many times you are born again.
- 108 sunflowers meant I will marry you.
- 99 sunflowers meant eternal love.
- 11 sunflowers meant beloved.
- 7 sunflowers meant secret love.
- 1 sunflower meant love at first sight.

But three sunflowers? That was a confession of love.





Vicki Satlow Literary Agency www.vickisatlow.com

Follow us

• Vicki Satlow Literary Agency
• @vickisatlow